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Optimization of OAC for Non-Urgent Procedures

Day -5	Day -4	Day -3	Day -2	Day -1	Procedure
No VKA	No VKA	No VKA	No VKA	INR ¹	None
No LMWH	No LMWH	LMWH	LMWH	INR ^{1,2}	None
DOAC	DOAC	DOAC	DOAC	None	None
DOAC	DOAC	DOAC	None	None	None
DOAC	DOAC	DOAC	None	None	None
DOAC	None	None	None	None	None

1) VKA therapy include those with valvular AF (mechanical heart valves or moderate aortic stenosis or transient ischemic attack).
 2) procedure. If >1.5 then consider administering vitamin K PO/N.
 3) or 1/2 daily LMWH dose for once daily dosed regimens.
 4) Apixaban, edoxaban, rivaroxaban and dabigatran (but only when dabigatran is used).
 5) procedure may occur almost immediately given it will take several days for the INR to rise.
 6) procedure should only occur once hemostasis has been achieved.

DOAC Quick Reference Guide	Notes																														
<p>CCS criteria for anticoagulation in AF ("CHADS₂-AF")</p> <table border="1"> <thead> <tr> <th>Risk factor</th> <th>Indicated Treatment</th> </tr> </thead> <tbody> <tr> <td>Congestive Heart Failure</td> <td>Oral anticoagulation</td> </tr> <tr> <td>Hypertension</td> <td>DOAC preferred over warfarin, unless: 1) Mechanical heart valve 2) Rheumatic mitral stenosis (moderate/severe)</td> </tr> <tr> <td>Age > 65</td> <td>Aspirin only</td> </tr> <tr> <td>Stroke/Transient Ischemic Attack/Peripheral Embolism</td> <td>Aspirin only</td> </tr> <tr> <td>Coronary artery disease or arterial vascular disease</td> <td>Aspirin only</td> </tr> </tbody> </table>	Risk factor	Indicated Treatment	Congestive Heart Failure	Oral anticoagulation	Hypertension	DOAC preferred over warfarin, unless: 1) Mechanical heart valve 2) Rheumatic mitral stenosis (moderate/severe)	Age > 65	Aspirin only	Stroke/Transient Ischemic Attack/Peripheral Embolism	Aspirin only	Coronary artery disease or arterial vascular disease	Aspirin only	<p>Notes: 1. See: U.S. Dept of Health and Human Services, 2015. 2. See: Canadian Cardiovascular Society, 2013. 3. See: American Heart Association, 2015. 4. See: American Heart Association, 2015. 5. See: American Heart Association, 2015. 6. See: American Heart Association, 2015.</p>																		
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Anticoagulation Guidelines for Regional Anesthesia and Analgesia
 Wake Forest University RAAPM recommendations to avoid increasing the risk of neuraxial hematoma following neuraxial analgesic/anesthetic procedures.*

Anticoagulant (half-life)	Anticoagulant Type	MINIMUM delay between last dose of anticoagulant and performance of neuraxial technique	MINIMUM delay between neuraxial technique or catheter removal and next anticoagulant dose	Other precautions
Heparin (Unfractionated)*** Intravenous (1.5h)	Pro-antithrombin III (anti II,X)	2-4h, and aPTT WNL**	≥1 hour ¹	†
Heparin (Unfractionated)*** (1.5h) SQ BID ≤10,000u/day	Pro-antithrombin III (anti II,X)	No restriction ¹ , caution during peak 1-4h post dose.**	No restriction ¹	†
Heparin (Unfractionated)*** (1.5h) SQ TID >10,000u/day	Pro-antithrombin III (anti II,X)	Insufficient data and caution advised. ¹ ≥6 hours**	≥1 hour ¹ (Unless first dose then no restriction)**	†
Enoxaparin (Lovenox) (3-6h) prophylaxis 40mg QD or 30mg BID	LMWH Anti-Xa	12 hours ¹	Initiate ≥4 hours post removal. ¹ (BID use not recommended with indwelling catheter) ^{1,3}	†
Enoxaparin (Lovenox) (3-6h) therapeutic 1mg/kg BID or 1.5mg/kg QD	LMWH Anti-Xa	24 hours ¹	Not recommended with catheter ¹ Initiate ≥4h post removal.** ³	†
Fondaparinux (Arixtra) (17-21h)	Pentasaccharide Anti-Xa	4-5 days and/or heparin assay.**	Contraindicated with catheter ¹ Initiate ≥2h post removal.**	†
Rivaroxaban (Xarelto) (5-13h)	Anti-Xa	48-72h** For catheter removal 22-26h ²	6h. or 24h if traumatic insertion (package insert) ²	†,††
Warfarin (Coumadin) (60 h)	Vit K-dependent Factor Inhibition	4-5 days & INR WNL (≤ 1.2) ¹ For removal INR ≤ 1.5. ¹	Guided by INR ¹	†
Aspirin/NSAIDS (>72h)	Anti-Platelet	No restrictions ¹	No Restrictions ¹	
Clopidogrel (Plavix) (6-8 h)	Irreversible platelet aggregation inhibitor	7 days ¹	Not recommended with catheter ¹ Initiate ≥2h post removal.**	
Ticlopidine (Ticlid) (4-5 days with repeated doses)	Irreversible platelet aggregation inhibitor	14 days ¹	Not recommended with catheter ¹ Initiate ≥2h post removal.**	
Prasugrel (Eliquis) (7 h)	Irreversible platelet aggregation inhibitor	7-10 days ¹	Not recommended with catheter ¹ Initiate ≥2h post removal.**	
Ticagrelor (Brilinta) (7-12h)	ADP reversible receptor blocker	5 days ²	Not recommended with catheter ¹ Initiate ≥2h post removal.**	††
Abciximab (Reopro) (30 minutes)	Glycoprotein IIb/IIIa inhibitor	48 hours ¹	Not recommended with catheter ¹ Initiate ≥2h post removal.**	
Eptifibatid (Integrilin) (2.5h)	Glycoprotein IIb/IIIa inhibitor	8 hours ¹	Not recommended with catheter ¹ Initiate ≥2h post removal.**	
Tirofiban (Aggrastat) (2h)	Glycoprotein IIb/IIIa inhibitor	8 hours ¹	Not recommended with catheter ¹ Initiate ≥2h post removal.**	
Bivalirudin (Angiomax) Desirudin (Privask) Argatroban (Acova)	Thrombin (II) Inhibitor (oral)	Insufficient data. ¹ Neuraxial techniques not recommended.**	Insufficient data. ¹	
Dabigatran (Pradaxa) (17 h) (prolonged with CRI)	Thrombin (II) Inhibitor (oral)	5 days**	Not recommended with catheter ¹ Initiate ≥6h post removal. ²	†
Apixaban (Eliquis) (12-15h)	Oral Factor Xa Inhibitor	4 days**	≥6 h ¹	††

Note: Recommendations are based on single drug use, combinations increase risk. Caution if traumatic neuraxial technique.
 * Recommendation compliance does not eliminate the risk for neuraxial hematoma.
 ** Our current practice, no current published guidelines.
 *** Patients receiving unfractionated heparin should have platelet count checked after 4 days to monitor for possible heparin induced thrombocytopenia (HIT).
 † Caution with CRI, low weight, elderly.
 †† T is doubled with strong CYP3A4 inhibitors (azole antifungals, mazoletriazoles).
 References: ¹ ASRAPM Evidence-Based Guidelines 2010: "Regional Anesthesia and Analgesia: Recommendations of the American Society of Anesthesiologists". ² Regional Anesthesia and Analgesia: Recommendations of the European Society of Anesthesiology. ³ ASRA Safety Announcement: Updated recommendations to decrease risk of spinal column bleeding and paralysis in patients on low molecular weight heparins. 11/6/13.
 Version 4.0, 3/2014 (Henshaw, Jaffe, Weller)

ANTICOAGULATION GUIDELINES FOR REGIONAL ANESTHESIA/NEURAXIAL TECHNIQUES 2014

Table 4 Management Recommendations for Anticoagulant and Antiplatelet Agents (20-24,36,110-138)

Medication	Low Risk for Bleeding	High Risk for Bleeding*
UFH	Do not withhold	Withhold 10 hours for 4-6 h before procedure; check aPTT or anti-Xa level; for BID or TID dosing of SC heparin, procedure may be performed 6 h after last dose
LMWH (enoxaparin, dalteparin, fraxiparin)	Do not withhold	Enoxaparin: withhold 1 dose if prophylactic dose is used; withhold 2 doses or 24 h before procedure if therapeutic dose is used; check anti-Xa level if renal function impaired; dalteparin: withhold 1 dose before procedure
DOAC	See text	See text

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